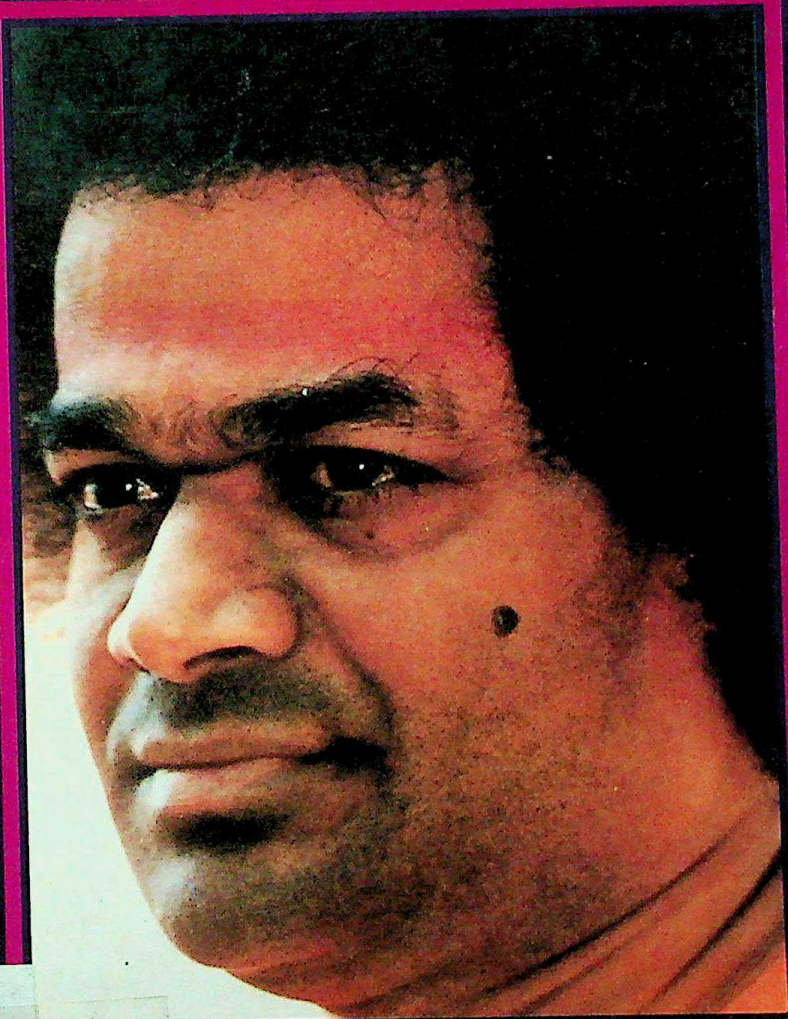


Gandhi Memorial College of Education Bantala Jammu

Tablets of Truth

Sayings of Sai Baba



in calligraphical script by
Andrew Shaw



Tablets of Truth

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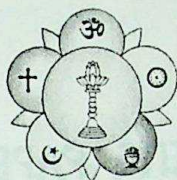


5927

This offering is placed at
the Lotus Feet of
Bhagavan Sri Sathya Sai Baba
with love

Readers are encouraged to make
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Pavey Ark,
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Somerset TA6 3HR
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Tablets of Truth

A Compilation
of Sayings by

Bhagavan
Sri Sathya Sai Baba

in calligraphical
script by

Andrew Shaw



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A Compilation of Sayings by
Bhagavan Sri Sathya Sai Baba

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*This book is
dedicated
to
Carri*

Each and every letter
of this
calligraphical
presentation
is crafted with love,
and I invite you
to share with me
in meditation thereon.
ॐ Sai Ram.

Andrew Shan
26

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Introduction :-

... Why
this Avatar now?

CRISIS World-wide.

"...In each yuga (age), the Divine has incorporated Itself as an Avatar for some particular task. This incarnation is different in that it has to deal with the crisis which is world-wide and world-shaking. Intellectual conceit has grown so wild that men have become foolish enough to ask, "What and where is God?"

Immorality has put on the garb of morality and is enticing man into the morass of sin. Truth is condemned as a trap; justice is jeered at; saints are harassed as social-enemies. Hence this Incarnation has come to uphold the True and suppress the False.

I behave like you, moving, singing, laughing, journeying, but watch out for the blow - I inflict all of a sudden, to chastise and to warn. I shall scorch the wrong-doer for his wrong and soothe the virtuous for his righteousness. Justice shall be meted out to all ..."

The Tasks
that
Sathya Sai Avatar
has imposed
on Himself.

I.

In order to turn men
away from the
byways of immorality
and injustice, greed
and envy, and on to
the royal road of
Sadhana, through
loving gentleness.

II.

In order to
interpret aright
the spiritual
heritage of man,
that has been
distorted and
diluted during the
intervening ages.

III.

In order to
demonstrate the
validity of Truth,
Righteousness, Peace
and Love as
instruments for
individual and
Social Progress.

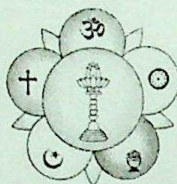
IV.

In order to
infuse confidence
and contentment
in the hearts
of the good
who are stricken
by fear and anxiety.

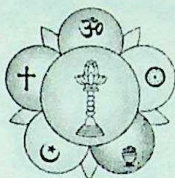
I,
the Lord,
have incarnated
at Puttaparthi.

Chapter One :

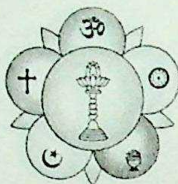
... around
the Mandir,
Prasanthi Nilāyam



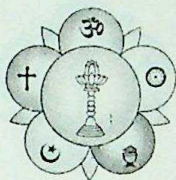
My name is
Sathya Sai
it means
He who reclines
on Truth



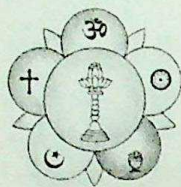
Love is My Form,
Truth is My Breath,
Bliss is My Food;
My Life is My Message.
Expansion is My Life...



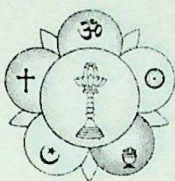
There is only
one Caste,
The Caste
of Humanity.
There is only
one Religion,
The Religion
of Love.
There is only
one Language,
The Language
of the Heart.
There is only
one God,
He is Omnipresent.



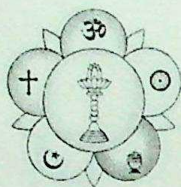
Start the Day
with Love,
Fill the Day
with Love,
Spend the Day
with Love,
End the Day
with Love.



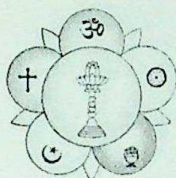
Though I am
Omnipresent
and found everywhere,
you can find Me
installed wherever
My Glory is sung.



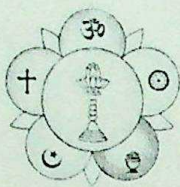
I give you
what you want
so that
you may want
what I want
to give you.



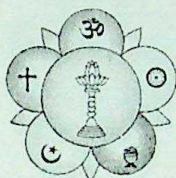
A Sadhaka
must
blossom
into a
Sadhu



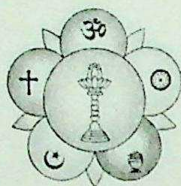
Namasmarana
is an
instrument
to realise
the Lord



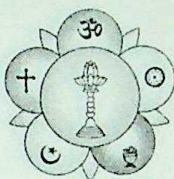
Do not cage God
in a picture-frame,
do not confine Him
in an idol,
He is all forms,
He is all names.



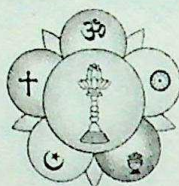
Do not try
to master others,
Master
your own self,
your own senses,
your own mind.



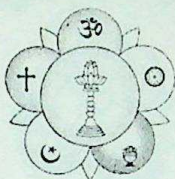
Service
to Man
is
Service
to God



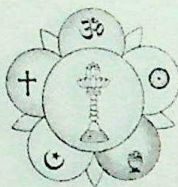
Discipline
is the
Weapon
of
growing children



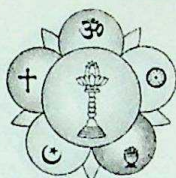
If animal feelings
are washed out,
divine feelings -
begin to
overflow
instead.



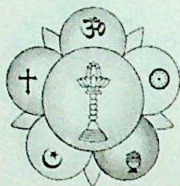
As the food ...
... so the mind,
As the mind ...
... so the thought,
As the thought ...
... so the act.



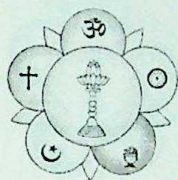
Control of Speech
is the
Best
Ornament
and
Armament



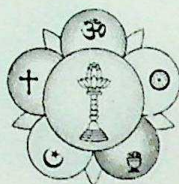
Take one step
towards Me,
I shall take
a hundred
towards you.



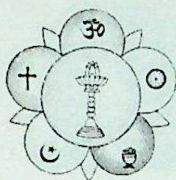
All are
embodiments
of
divine.



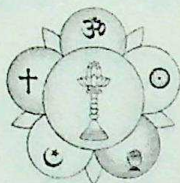
Have
Constructive Thoughts
Consoling Words
Compassionate Acts



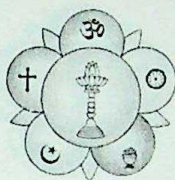
I-Want-Peace
"I" is Ego,
"Want" is Desire;
Remove Ego
and Desire
and
you have Peace.



Love
is
selflessness
Self
is
lovelessness



In this Avatar
the wicked
will not be
destroyed,
they will be
corrected.



Ceiling on Desires :-

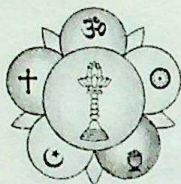
Don't waste

... Food

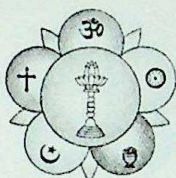
... Money

... Time

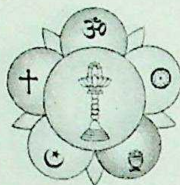
... Energy



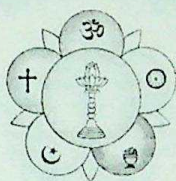
Living with God
is true Education,
Living for God
is true Devotion,
Living in God
is true Spirituality.



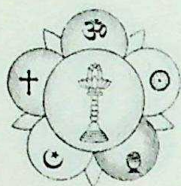
*Desire
comes from
Attachment,
Deliverance
comes from
Detachment.*



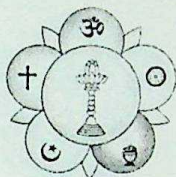
I have come
not to disturb
or destroy any faith,
but to confirm
each in his own faith,
so that
the Christian becomes
a better Christian,
the Muslim
a better Muslim,
and the Hindu
a better Hindu.



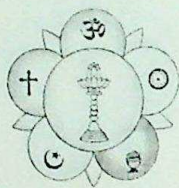
Politics
without Principles,
Education
without Character,
Science
without Humanity,
and Commerce
without Morality
are not only useless,
but positively
dangerous.



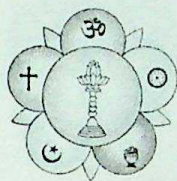
Be wherever
you like,
Do whatever
you choose,
Remember this well-
What you do
is known to me,
I am the
Inner Ruler of all.



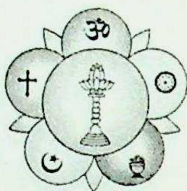
Be convinced
that God can
and will appear
in any form.
Do not refuse
to recognise
Divinity in the form
you dislike and
did not expect.



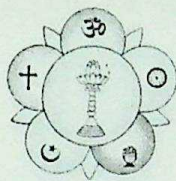
The End ...
of wisdom is ...
Freedom,
of culture is ...
Perfection,
of knowledge is ...
Love,
of education is ...
Character.



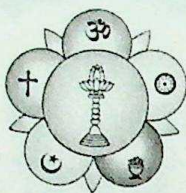
I am Infinite,
Immeasurable,
Unique
and Incomparable,
equal to Myself alone;
I am My own -
Measure,
Witness ,
Authority .



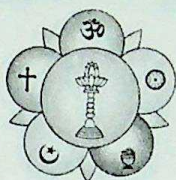
**Sacrifice
is the
Best Gift.**



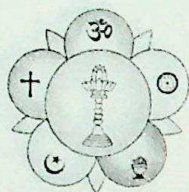
Silence is Brahmam



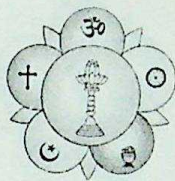
Be Good
Do Good
See Good



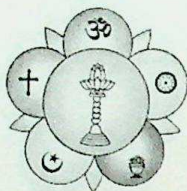
Love all
Serve all



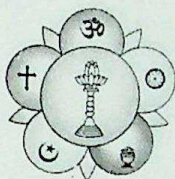
**Serve
without
trace
of ego**



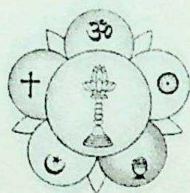
Heroism
lies in
Conquest
of Senses.



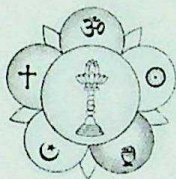
Hands in the Society Head in the Forest



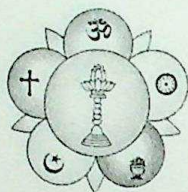
Day of
Awareness
is
the
real
Birthday



Love
is God
Live
in Love

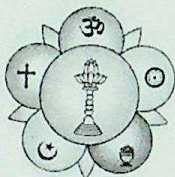


*I have come
to sow
the seeds
of faith
in God*



God

has to come
in human form
and move about among
them, so that He can be
listened to,
contacted,
loved,
revered,
and obeyed.



Truth is ...

your Father

Love is ...

your Mother

Wisdom is ...

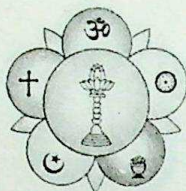
your Son

Peace is ...

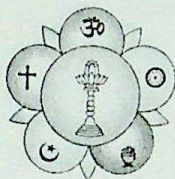
your Daughter

Yogis are ...

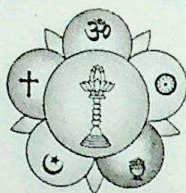
your Friends



Be what you
profess to be,
Speak what you
intend to do,
Utter what you
have experienced,
No more
No less.



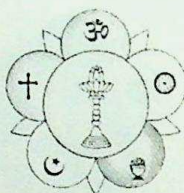
Why fear
when I am here.
Have faith
that Sai
is with you
at all times
and
at all places.



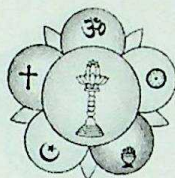
You cannot destroy
anger by anger,
cruelty by cruelty,
hatred by hatred:
Anger can be subdued
only by Forbearance;
Cruelty can be overcome
only by Non-violence;
hatred yields only
to Charity and Compassion.
There is nothing
more effective than
the weapon of love.

Chapter Two:-

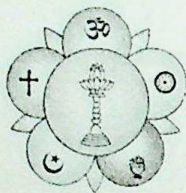
... in the
Hospital
grounds



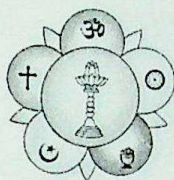
God
is the Doctor,
Seek Him,
Rely on Him,
You will
be free
from desires.



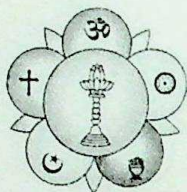
Educated Man
must realise
that he has
more obligations
than privileges,
more duties
than rights.



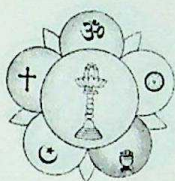
Duty~
without Love~
deplorable,
Duty~
with Love~
desirable,
Love~
without Duty~
divine.



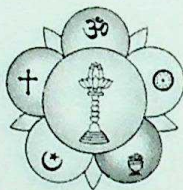
A-B-C
of Life
is
Always
Be
Careful
~
Avoid
Bad
Company



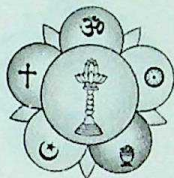
Real Devotion
should always be
absolute
and
unconditional



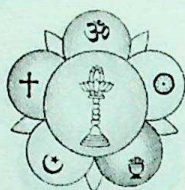
Be content,
Nothing
can happen
against
His will.



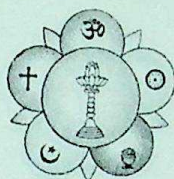
Expansion
is
Life:
Contraction
is
Death.



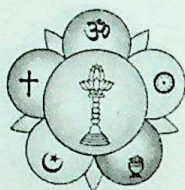
Life
is
a traveller
on a
Holy
journey



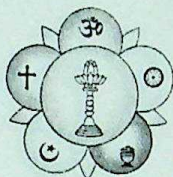
Man is born
to share
and serve,
not to grab
and grieve.



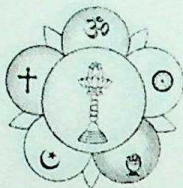
Learn
to adapt,
adjust
and
accommodate.



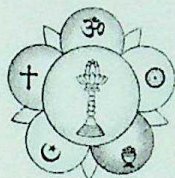
Avoid pomp,
exhibition,
and boasting.
Be simple,
sincere
and sweet.



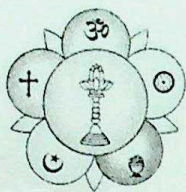
You must come
to
Prasanthi Nilayam
as cars come
to a
workshop.



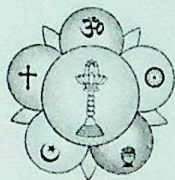
God
belongs
to All
He is
Universal



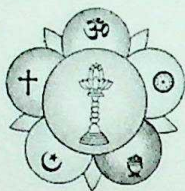
Give
Love
and
Receive
Love



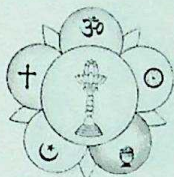
It is not enough
that you
love me.
You must see
that
I love you.



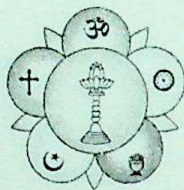
Love lives
by giving
and forgiving;
Self lives
by getting
and forgetting.



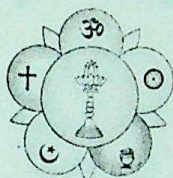
It is
Unity
that matters
and
not
Community



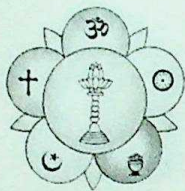
Balance comes
from
skilful use
of
divine
knowledge



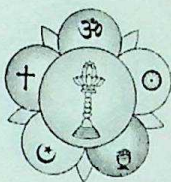
When you
sow the seeds
of Good Deeds
you reap the
Harvest
of
Happiness



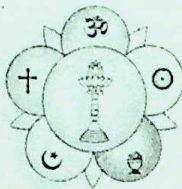
Life
is a
Pilgrimage to God,
the Holy spot
is there,
the road lies
before you.



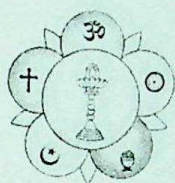
The lesser
the number
of wants,
the greater
the freedom.



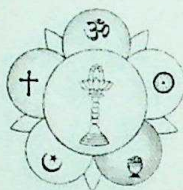
*Awake, arise
and stop not
'til
the goal
is reached*



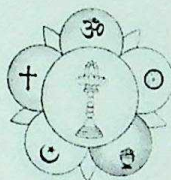
Know
yourself
first,
All
else
next.



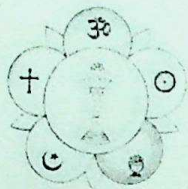
The Mind is Key to Health and Happiness



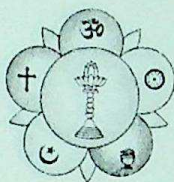
Contentment
is
Heaven,
Grief
is
Hell.



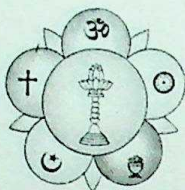
Love
leads to
Expansion.
Hatred
leads to
contraction.



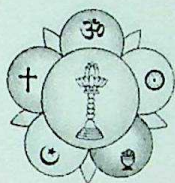
God is
neither
distant
nor
distinct
from you



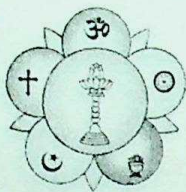
There is
God
everywhere
and there is
no second entity
anywhere



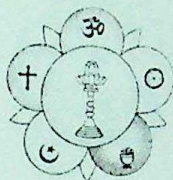
All life
is One,
My Dear Son,
Be alike
to Everyone.



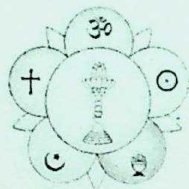
Act
and then
Advise,
Practise first,
Precept next.



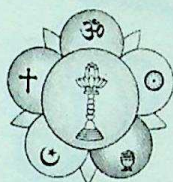
The mind
sees
separateness,
Love
sees
Unity.



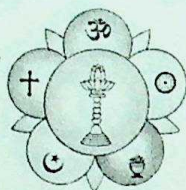
The mind
of a person
not engaged
in seva
is a
devil's workshop



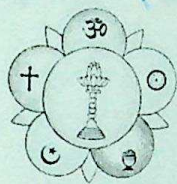
Be Right
Do Right
That is
your
only
Right



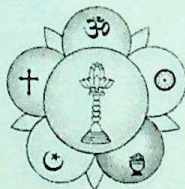
Serve Man
until
you see
God
in
all men



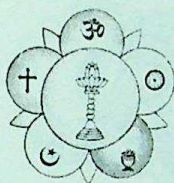
Removal
of
Immorality
is
the only way
to
Immortality.



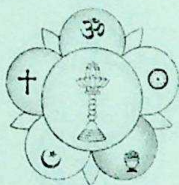
Do not
forget God,
do not
believe
in the world,
do not
fear death.



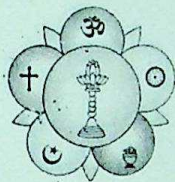
There is
no prayer
more fruitful
than service.



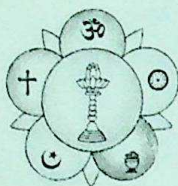
Perfect Freedom
is
absolute
desirelessness



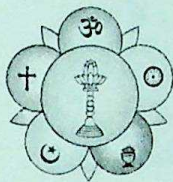
The Acts
of Sai
are always
selfless,
sacred
and
beneficial.



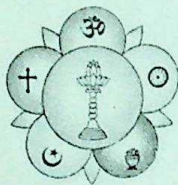
Remember
that Service
is greater than
Meditation,
and Sacrifice
is sweeter than
Enjoyment.



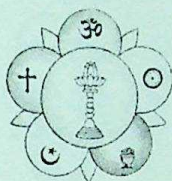
Truth
is more
fundamental
than
an atom



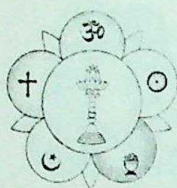
Every activity
in the world
is
God-directed,
Godward moving.



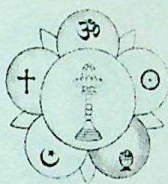
Face the six foes:
those are
lust, anger,
attachment,
pride, hatred
and greed.



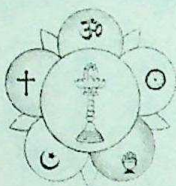
Science
is
below the mind,
Spirituality
is
beyond the mind.



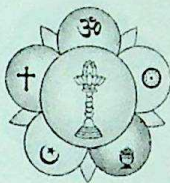
Elation
is
Heaven
Despondency
is
Hell



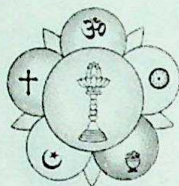
Ego
wants to get
and forget,
Love
wants to give
and forgive.



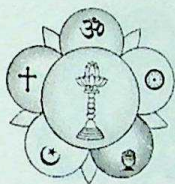
Life is
a journey
from
"I"
to
"We"



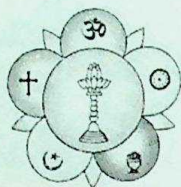
Hands
that help
are
holier
than lips
that pray



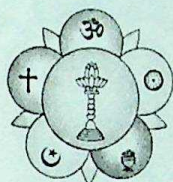
Desire Leads to Despair



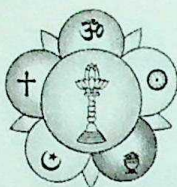
An
evil eye
sees
evil
in others



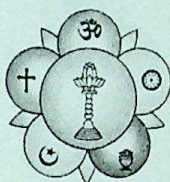
Fire is
hidden
in wood
and
God
in Man



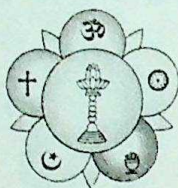
Realise the
Brother-hood
of Man
and the
Father-hood
of God
by your
selfless service



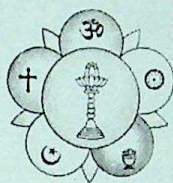
Pleasure
is an
interval
between
two pains



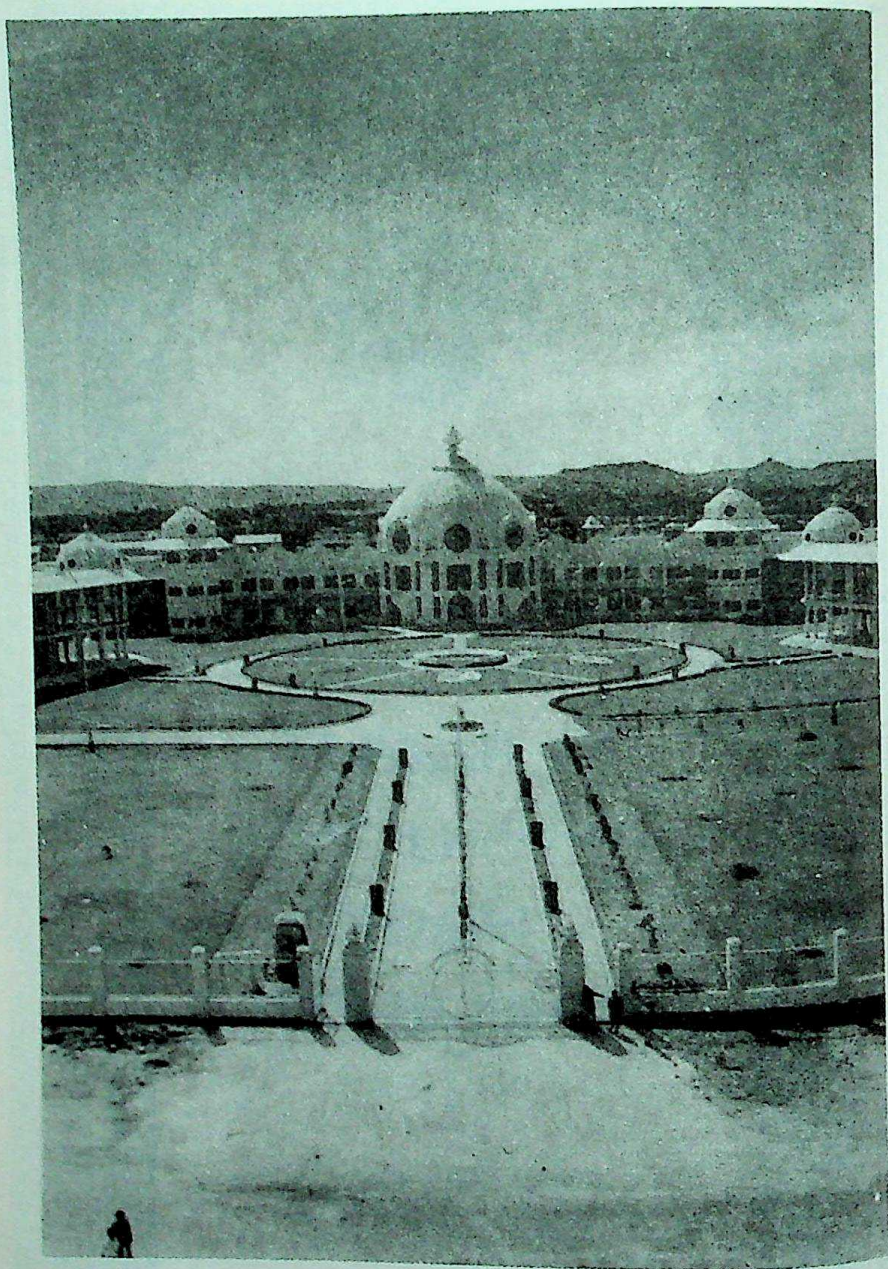
Every cell
in the
human body
is God;
every one
has God
as the source. .



We do not get
what we desire,
we get
what we deserve.

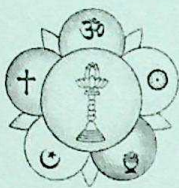


Health
is
Wealth
Look after it

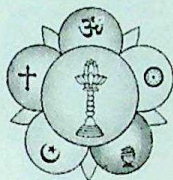


Chapter Three:-

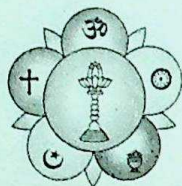
... on the road
through
Puttaparthi



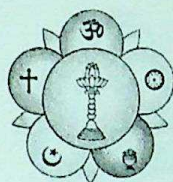
What one meets
in life
is Destiny,
How one meets it
is Self-Effort.



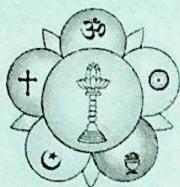
Have faith
in the
Brotherhood of Man
and the
Fatherhood of God



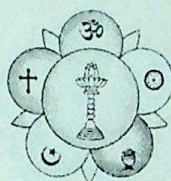
Character
is the
precious Gift
of
Education



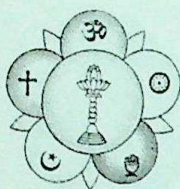
Every Religion
is a Lamp
that illumines
the Path
of Truth



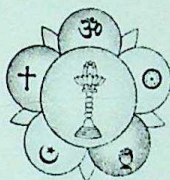
Haste
makes
Waste,
Waste
makes
Worry,
Do not be
in a Hurry.



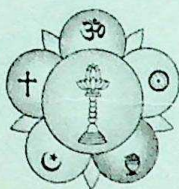
Man's Heart
is the
Temple Divine:
Don't inflame it
with ideas
of mine
and thine.



Love
is His
Form,
Service
is His
Mission.



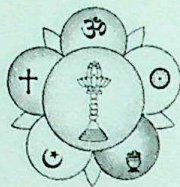
Love is God
God is Love
Therefore
Live in Love
By loving all
Serving all



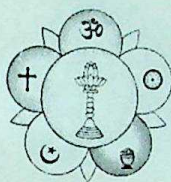
Time Waste
is
Life Waste

Chapter Four:-

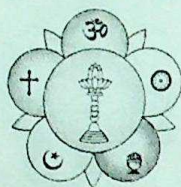
... on the road
to the
Museum



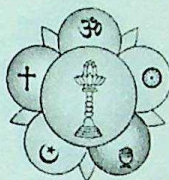
Your True Nature
is
Eternal Truth
Divine Consciousness
and
Everlasting Bliss



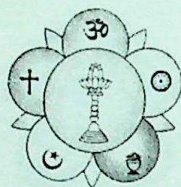
It is only
in the
Depth of Silence
that
the Voice of God
can be heard



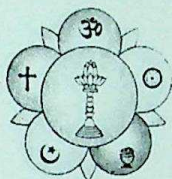
Avoid
all bad habits,
they do not
contribute
the least joy.



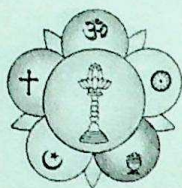
The heart
with compassion
is
the temple
of God



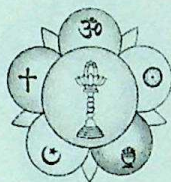
If all
animal feelings
are
washed out
divine feelings
overflow



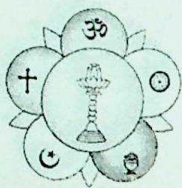
Even death
is sweeter
than
the bondage
of
ignorance



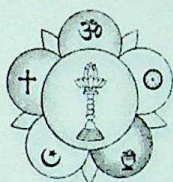
You are
in the Light
The Light
is in you
You are
the Light



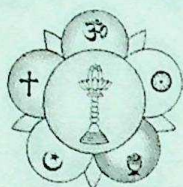
Love all
Serve all
Work
is Worship
Duty
is God



Love
not lust
is the
essence
of a
happy life

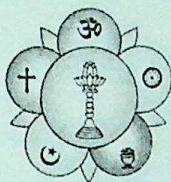


*Life is
the best
teacher
Nature is
the best
preacher*

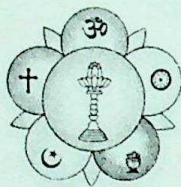


Truth
is the
all-protecting
God.

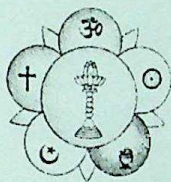
There is
no mightier
Guardian
than Truth.



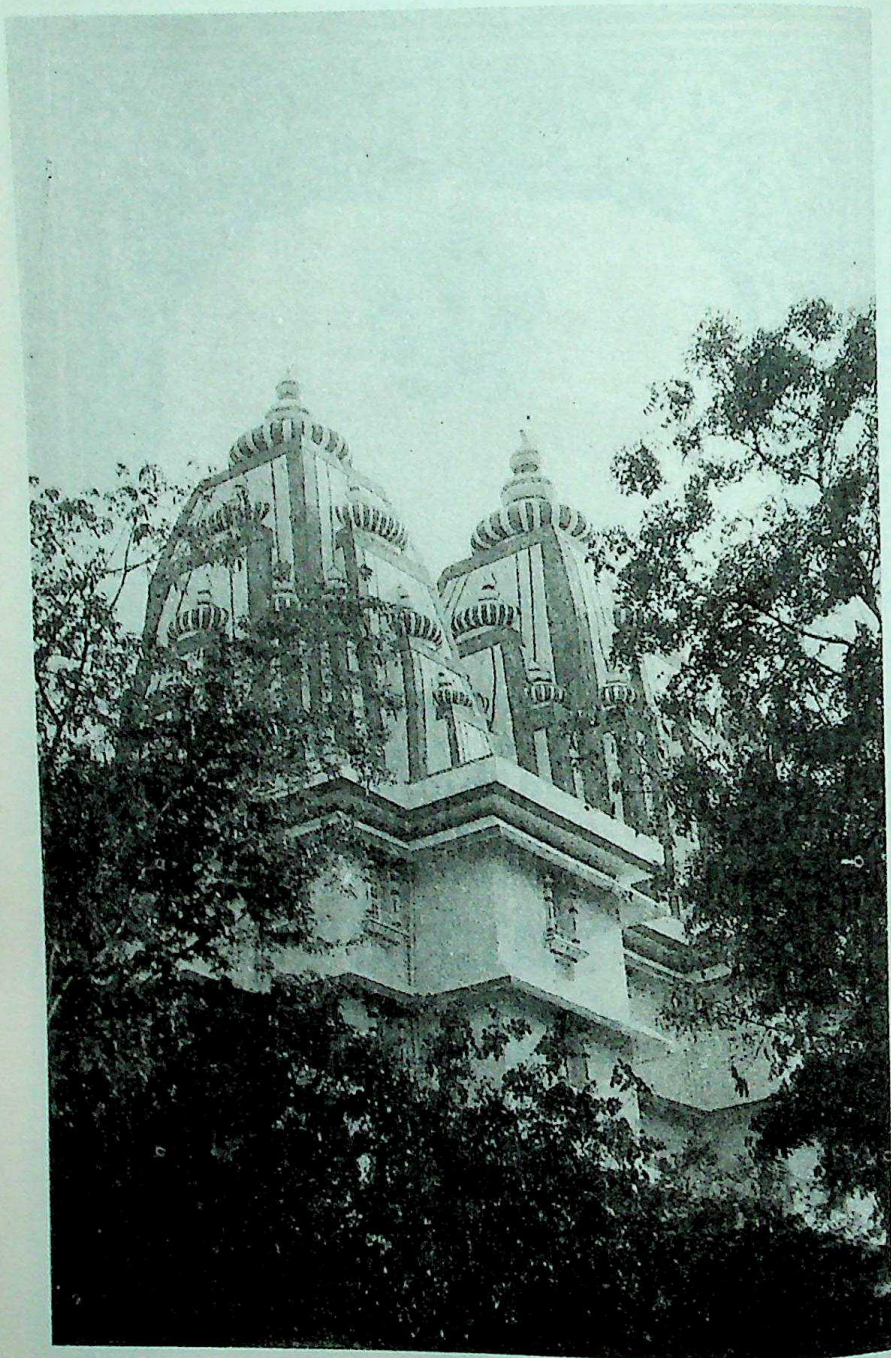
Faith
in ourselves
and faith
in God-
that is
the secret
of greatness,
for
God is Love.



The Pure Heart
is the
inner purpose
of all Sadhana

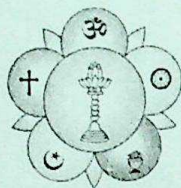


Beauty
Goodness
Sathyam
Sivam
Sundaram
is yourself
be yourself

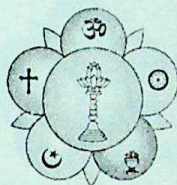


Chapter Five:-

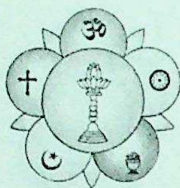
... inside
the
Museum



Every step in the
career of the Avatar
is pre-determined.
Rama came to feed
the roots of Sathya
or Truth, and Dharma
or Righteousness.
Krishna came to
foster Shanti - Peace,
and Prema - Love.
Now, all these four
are in danger of
being dried up.
That is why the
present Avatar
has come.



The entire Cosmos,
from minutest
microcosm to the
largest macrocosm
is a conglomeration
of ever active, alert,
waves of energy,
derived from the
Primeval Source
of all Energy, namely:
the para-Shakti,
the Supreme,
Sovereign
Energy Principle,
which is God, the
Truth of everything.

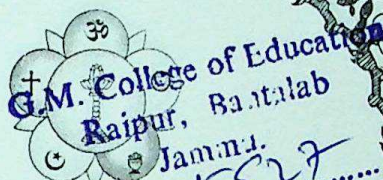


My mission is to
grant you courage
and joy, to drive away
weakness and fear.

Do not condemn
yourselves as sinners.

Sin is misnomer for
what are really errors.

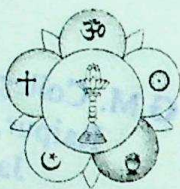
I shall pardon all
your errors, provided
you repent sincerely
and resolve not to
follow evil again.



Acc. No. 5527

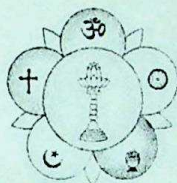
Dated.

I am the Atma
that dwells in
all living beings,
I am the beginning,
the middle and the
end of all things.
All that you see
in the cosmos-
the moving and
stationary objects-
is a manifestation
of the Atma.

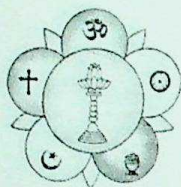


The totality of
divine energy has
come into humanity
as Sathya Sai
to go to each and
anyone, to wake up
the slumbering
divinity of every
human being.

Even if in your
sleepiness, or in your
weakness for sleep,
you growl, grumble or
groan, kick, quarrel
or cry, I will
not forsake you.
I will not let your

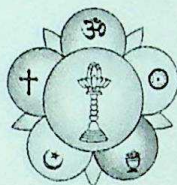


divinity go to sleep.
A mother never
forsakes the child.
She carries or lets
the child fall down,
even if the child
works out its
resentment and
anger on her.
I have come to help,
to accompany and
carry you. I will
never fail in my duty
to my children, and
I shall be grateful
to each child of mine
who helps my task.



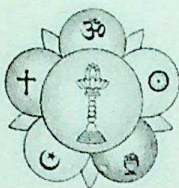
The Four Goals
of Human Life ~
Right Living
Right Earning
Right Desiring

Release from worldly
bondage ~ are the
wheels of the vehicle;
the wheel inside
that steers these
four is the mind.



The intellect is the
switch. The air which
fills the tubes in
the tyres is Faith
and the destination
is Ananda. Ananda is
the breath
that sustains Life.

Therefore,
dedicate
your thought, word
and deed to God.

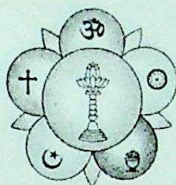


Quality of Sacrifice.

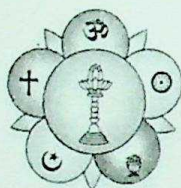
In sacrifice it is not quantity that counts, it is the quality of sacrifice that matters.

It is natural for a Maharaja to offer gold.

But what great sacrifice is made when a hungry old woman offers the pomegranate fruit to the Guru despite her hunger.



She did not care
even for her life
and gave the fruit.
What greater sacrifice
can this be?
It is not sacrifice
to offer what is
superfluous for you.
True sacrifice means
giving up that which
is most dear to you,
that which
you value most.

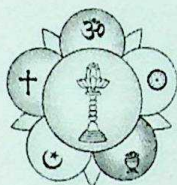


Realise the Might
of your Will

The Individual is
intimately related
to society, and so
his restlessness
affects society too.

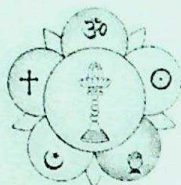
The individual
will is ultimately
responsible for the
welfare and
well-being of the
world.

The world is
but a mental image
of the individual.



The Ten-Fold Path to Divinity

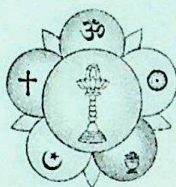
1. Love and serve
the motherland;
do not hate or hurt
the motherland
of others.
2. Honour every
religion: each is a
pathway to the
one God.
3. Love all men
without distinction:
know that mankind
is a single community.



4. Keep your home and its environment clean ; it will ensure health and happiness for you and for society.

5. Do not throw coins when beggars stretch their hands for alms: help them to become self-reliant. Provide food and shelter, love and care, for the sick and the aged.

6. Do not tempt others by offering bribes, or demean yourself by accepting bribes.

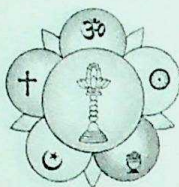


7. Do not develop
jealousy, hatred or
envy on any account.

8. Do not depend on
others to serve your
personal needs. Become
your own servant
before proceeding
to serve others.

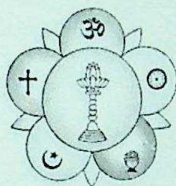
9. Observe the laws
of the state
and become
an exemplary citizen.

10. Adore GOD.
Abhor Sin.



Nine Steps in
The Pilgrimage
Towards God
"Nava Vidha Bhakti"

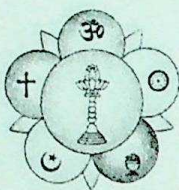
1. **SHRAVANAM**
Developing a desire
to listen to the
glory and grandeur
of God and the
various manifestations
of Divinity.
2. **KEERTHANAM**
Singing about the
Lord and His Leelas.



3. VISHNU SMARANAM
Remembering or
dwelling on the Lord
in the mind;
contemplating His
Beauty and Compassion.

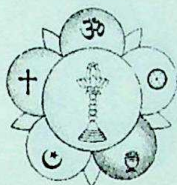
4. PADA SEVANAM
Worshipping the Lord
by concentrating on
the Lotus Feet.

5. ARCHANAM
Doing systematic
ritualistic worship.



6. **VANDANAM**
Devotee sees his
Ishta Devata in all
beings and objects
and so develops
reverence towards
nature and all life.

7. **DASYAM**
Attitude of a
devoted servant
of all with no
feeling of
inferiority or
superiority.

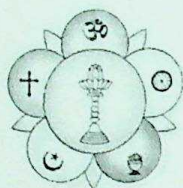


8. SAKHYAM

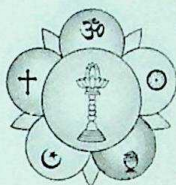
The devotee feels so near to God that he feels himself to be a comrade and friend sharing God's power and pity, His Triumphs and achievements.

9. ATMA NIVEDANAM

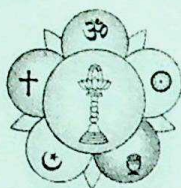
Total surrender by the devotee; final step where he yields fully to the Will of the Lord.



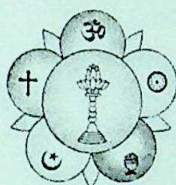
When there is
righteousness in the
Heart, There is Beauty
in character; When
there is a beauty in
character, There is
Harmony in the home;
When there is harmony
in the home, There is
Order in the nation;
When there is order -
in the nation, There is
Peace in the World.



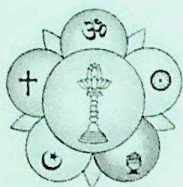
Let the
different Faiths
exist, let them
flourish and let
the Glory of God
be sung in all the
languages and in
a variety of tunes.
That should be
the ideal.



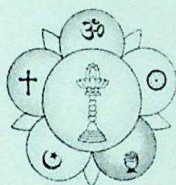
The whole of mankind
belongs to
one religion,
The religion of man.
For all men
God is the Father.
As the children
of one God,
all men are brothers.



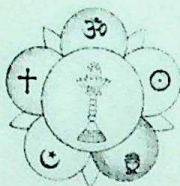
No religion has
a separate God
showering Grace upon
those who profess to
abide by that faith
alone! It is the
destiny of man to
journey from
human-ness to Divinity.



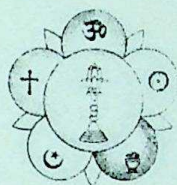
You must examine
every act to find out
whether it will cause
pain to others;
if it does,
withdraw from it.
Don't do to others
what you do not like
to be done unto you.
This is called
the Golden Rule.
Yes, it is the
best test for
distinguishing
right from wrong.



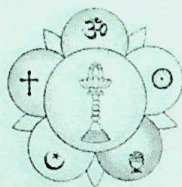
Respect
the differences
between the faiths
and
recognise them
as valid as long
as they do not
extinguish
the flame of unity



Each Religion
teaches man
the righteous path.
He has only
to know it
and march along.
If the vision
is straight,
what can division do.

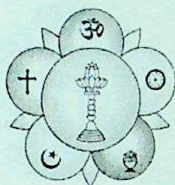


Just as all limbs
and organs are
interconnected
by Consciousness,
so that when a thorn
pricks the foot
the eyes start
shedding tears,
so too, all countries
of the world are
interconnected,
so that no country
or community
can suffer pain,
without affecting
all others.



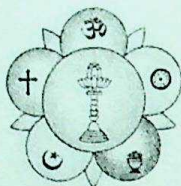
Buddhism

Remember the wheel
of cause
and consequence,
of deed and destiny
and the wheel
of Dharma
that rights them all.



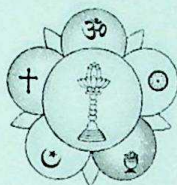
Hindu

Listen to
the primeval pranava
"Aum"
resounding
in your heart
as well as
in the heart
of the universe.



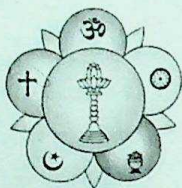
Christianity

Cut the
"I" feeling
clean across
and let your ego
die on the cross
to endow on you
eternity.

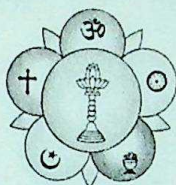


Zoroastrianism

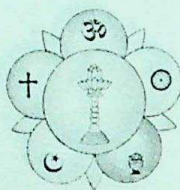
Offer
all bitterness
in the sacred fire
and emerge
Grand,
Great
and Godly.



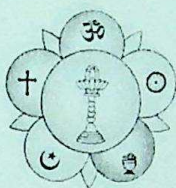
Islam
Be like
the star
which never wavers
from the
crescent
but is fixed
in steady faith.



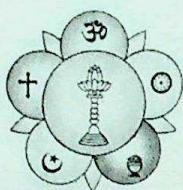
Do not give room for differences based on language, religion, caste or nationality. Develop the feeling that all are children of God. You may worship God in any form of your choice, but always bear in mind that God is one. Cultivate love and promote unity and harmony among all.



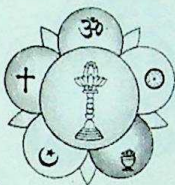
The Soul (Atma)
does not die;
only the body dies.
When man knows this,
death loses his sting;
death is not feared;
death is but a
welcome voyage into
the known harbour.



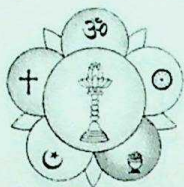
When it rains on sand,
the water seeps down ;
When it rains
on red earth,
the water stays ;
When the rain falls
on an oyster,
a pearl is born;
likewise,
devotion grows
according to
one's worthiness.



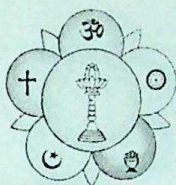
Blessed are those
who pray
for others,
for in so doing
they become aware
of the unity
of all life.



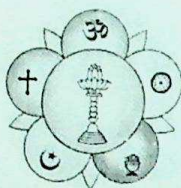
More than
all other forms
of love,
man's first efforts -
should be
to fix his love
on the Lord.



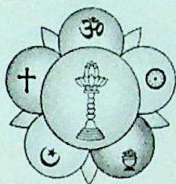
Have confidence
in yourself and
strive to understand
well the nature
of God's love.
To secure that love
is the sacred goal
of human life.



With faith,
man can
achieve anything.
Faith
is the
foundation
for the
realisation
of God.



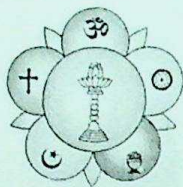
The 5 "D's"
Determination
Dedication
Devotion
Discipline
Discrimination



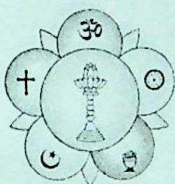
Significance of Vibhuti

What I materialise
is a manifestation
of Divinity with a
potent significance
as well as symbolism.

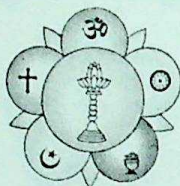
It is symbolic of
the cosmic, immortal
and infinite nature
of all forms of God,
atma or the spirit ~
that is what is left



when everything
worldly, transient
and changeable
has burnt away.
In the first place,
it is symbolic of
the life death cycle
in which everything
ultimately reduces
itself to ash.
"For dust thou art,
and unto dust thou
shall returnest."



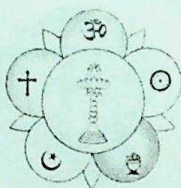
Ash or dust is the final condition of things. It cannot undergo any further change. In the spiritual context it is a warning to the receiver to give up desire, to burn all passions, attachments and temptations and make one pure in thought, word and deed.



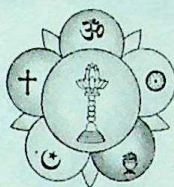
The world
is the temple
of the
Universal soul

Chapter Six:-

... in the
Overseas
Canteen

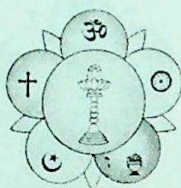


Bhagavan
Sri Sathya Sai Baba
is the
Master of this House;
a silent listener
in every conversation,
and unseen guest
at every meal.

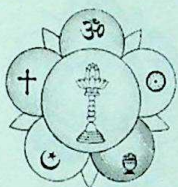


SILENCE

Be silent yourself;
that will induce
silence in others.
Do not fall into
shouting, talking
long and loud.
Reduce contacts
to the minimum.
Carry with you
an atmosphere of
quiet contemplation
wherever you
happen to be.

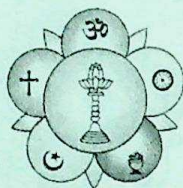


There are some who
live in a perpetual
hullabaloo, in a
tornado of noise.
Whether they are in
an exhibition, or
a fair, or a hotel
or a temple of the
Prasanthi Nilayam,
they wag their
tongues, and will not
stop. These will not
proceed far on
the Godward road.

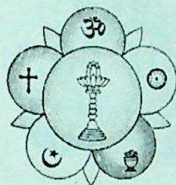


Before you
TALK-
THINK

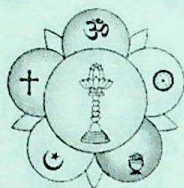
Is it necessary?
Is it true?
Is it kind?
Will it hurt anyone?
Will it improve
upon the silence?



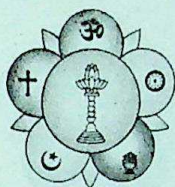
Silence is not a
matter of resolve!
It is always there.
Silence is the
endless flow
of pure God
into you
in the world.



Food is God-
don't waste Food,
Time is God-
don't waste Time,
Money is God-
don't waste Money.
Energy is God-
don't waste Energy.

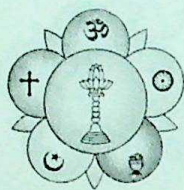


Whenever you get
a little leisure,
do not spend it in
talking about
sundries, but
utilise it in-
meditating on God,
or in doing
service to others.

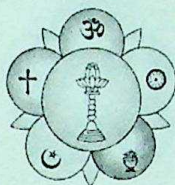


Do not imagine
that you are the
centre of disquiet
and untruth.

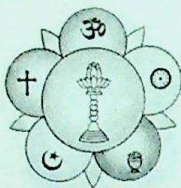
You are the
embodiment of peace;
love is the
very blood in you;
your nature is joy.



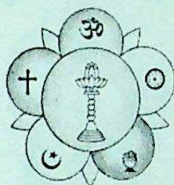
Know that I am
always with you,
prompting you
and guiding you.
Live always
in that
constant
Presence.



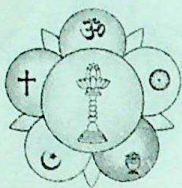
God if you think -
God you are,
Dust if you think -
Dust you are,
As you think -
So you are,
THINK GOD -
BE GOD.



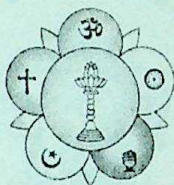
Make
your Heart
a
Mansion
of
Peace



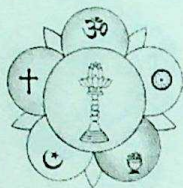
Live
in God.
Make
others
live
in God.



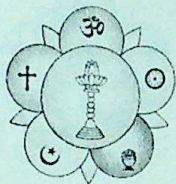
Patience
is all the
strength
man
needs



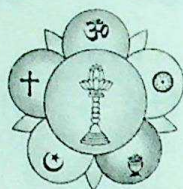
**Eat
in
moderation
and
live long**



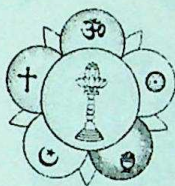
Eat,
but transform food
into good deeds,
thoughts
and
speech.



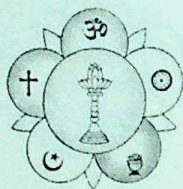
If you
develop
love,
you don't have
to develop
anything else.



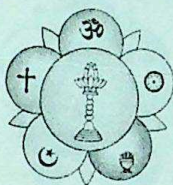
Silence
is the
Speech
of the
Spiritual
Seeker.



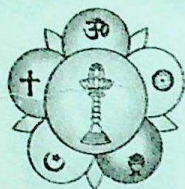
World Peace
and
individual peace
can be
accomplished
simultaneously.



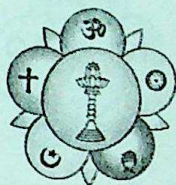
Eat to live.
Do not believe
that you
live to eat.



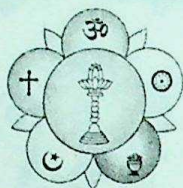
Love seeks
no reward,
Love is
its own reward.



God gave you the
time, space, cause,
material, idea, skill,
chance and fortune.
Why should you feel
as if
you are the doer?



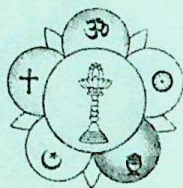
There is
no happiness
greater
than
contentment.



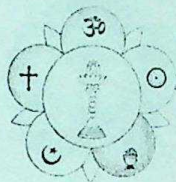
Like the tadpole's
tail, the ego will
fall away, when one
grows in wisdom.
It must fall away;
if it is cut, the poor
tadpole will die.
So, don't worry about
the ego, develop wisdom,
discriminate, know the
ephemeral nature of
all objective things -
then, the tail will no
longer be evident.

Chapter Seven:-

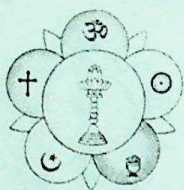
... in
the
Bookshop



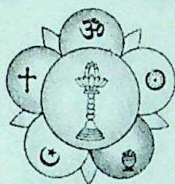
The distance
between God
and you
is the same as
the distance
between
you
and yourself.



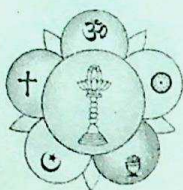
Bear all
and do nothing,
Hear all
and say nothing,
Give all
and take nothing,
Serve all
and be nothing.



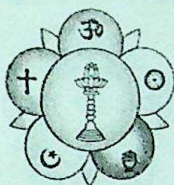
Work
is
Worship:
Duty
is
God:
Duty,
Discipline,
Devotion.



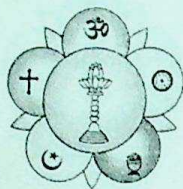
Make
your Life
a Rose
that speaks
silently
in the
Language
of
Fragrance



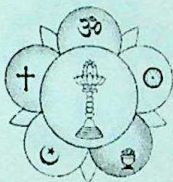
So long as
we do not
understand
that divinity
exists in all,
we cannot even
be human.
How then
can we
be divine?



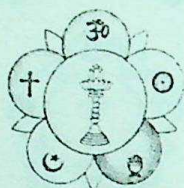
Of the 24 hours
which comprise a day,
use 6 for
earning and spending,
use 6 for
contemplation of God,
use 6 for
sleep,
use 6 for
service to others.



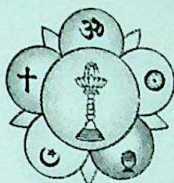
Study to be Steady



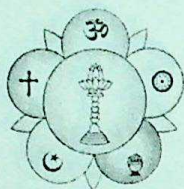
Help
ever
Hurt
never



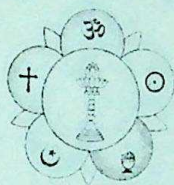
Enter into society
on the principle
of DVAITHA
and
undertake service
on the principle
of ADVAITHA.



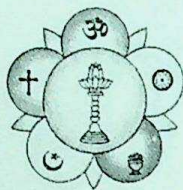
Only in
fear of sin
can you
experience
peace
and
non-violence



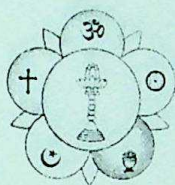
Our vision
and our
feelings
depend upon
our
sacred thoughts



Cultivate the habit
of remembering the
Lord with every
breath; then only you
can remember Him
with the last breath.



You must possess
the Head of Sankara;
You must possess
the Heart of Buddha;
You must possess
the Hands of Janak.



Human Values:-

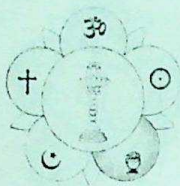
Truth

Right Conduct

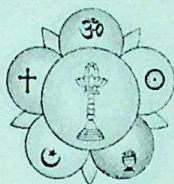
Peace

Love

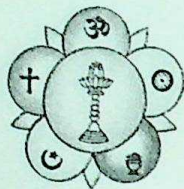
Non-Violence



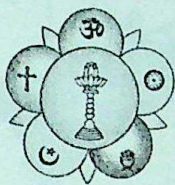
You have been born
for one purpose -
To die. That is to say,
to kill the "I".
All this literature,
all this effort, all
this spiritual exercise,
all this teaching is
just to hold a mirror
before you, so that
you may see yourself.



W-A-T-C-H
your
Words
Action
Thought
Character
Heart



Follow
the Master,
Face
the Devil,
Fight
to the end,
Finish
the Game.

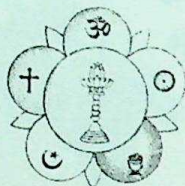


The rules I have
prescribed for those
who come to the
Nilayam
may appear strict-
and even severe-
it is all for your good...
But I insist on -
strict obedience.

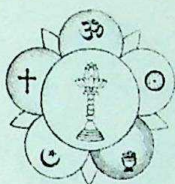


Chapter Eight:-

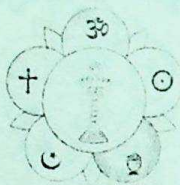
...in the Sports Stadium



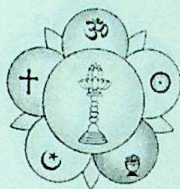
Knowledge
without
Action
is useless.
Action
without
Knowledge
is foolishness.



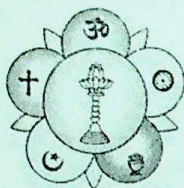
Make
the Mind
the Servant
of God,
not
the Slave
of Senses.



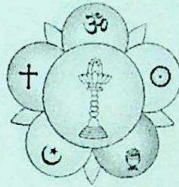
**Your Body
is
the
Temple
of God**



Your
Heart
is
My
Home

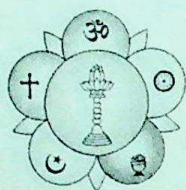


"Om"
is the
Arrow
and God
is the
Target

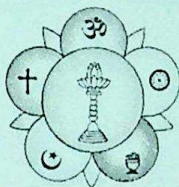


Life +
Desire
= Man

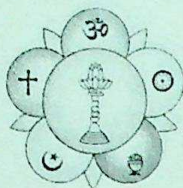
Life -
Desire
= God



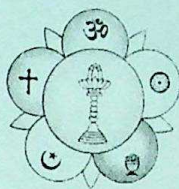
My Birthday
is the Date-
when Divinity
blossoms
~in your Heart.



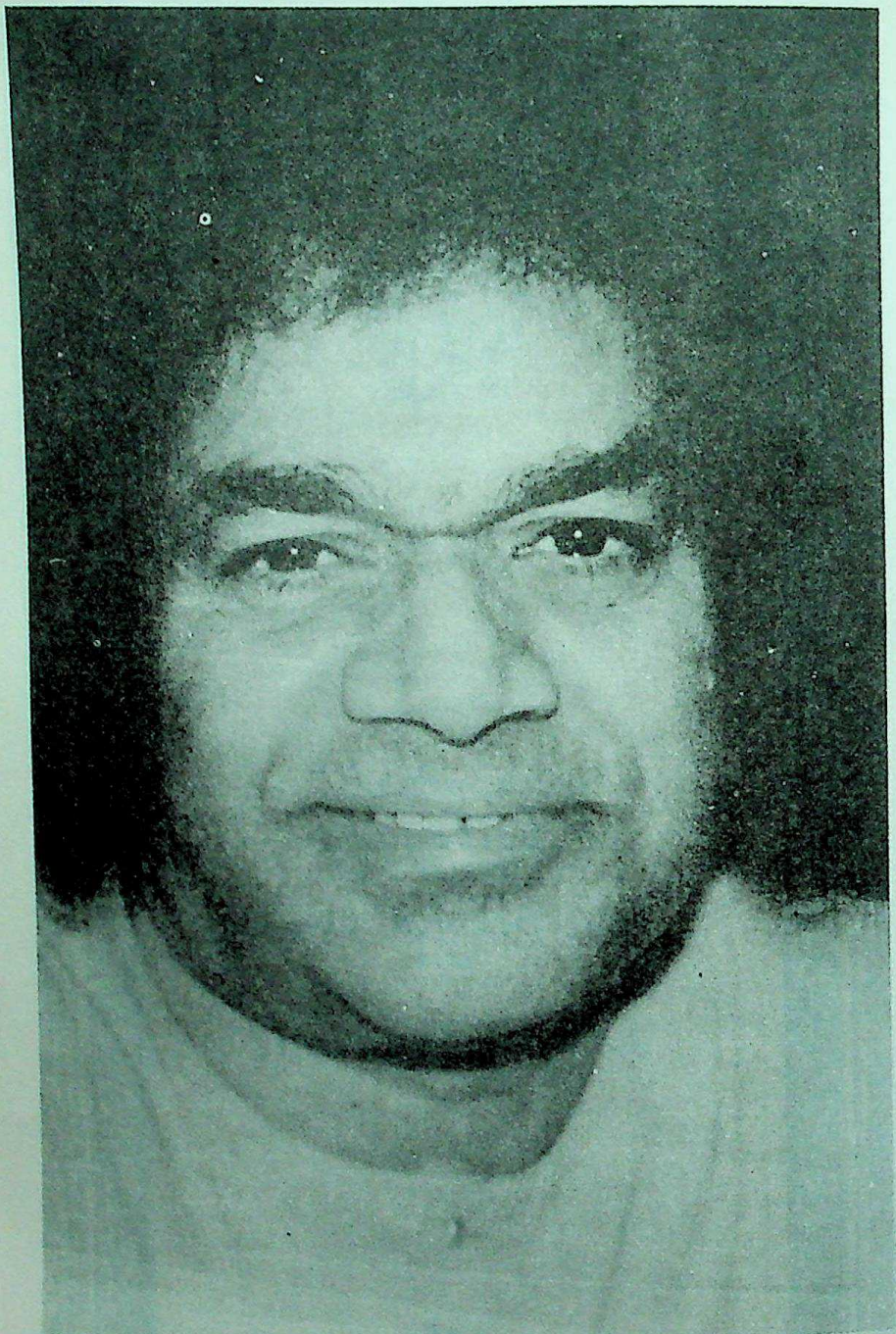
Laziness
is
rust and dust;
Realization
is
rest and best.

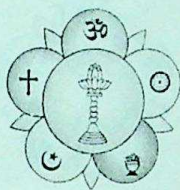


I am
"Sathyasya
Sathyam" ~
The
Truth of Truths.

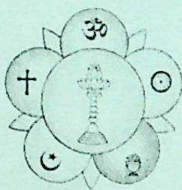


Epilogue:-
...“The Second Coming”





With the Blessings
of Swamy, let me
complete this book
with the poem
which came to me
early one morning
last summer . . .

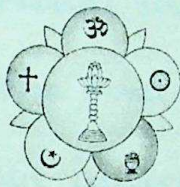


"The Second Coming"

We are, at this Time,
The living embodiment of Christ,
Come to Earth
To restore God's Plan.

We lift up our Hearts
And receive the Message from within
The Breath, the Life,
The Quest for the Light complete.

True God of true God,
We offer our Souls to You;
Our Beacon of Love
Transcends all Time.



We draw near Together,
A collective Consciousness of Energy,
Aspiring to You
Through the Eye of the Spiral.

Now, our Realization is manifest,
We are Champions of the Light;
The Source magnetises its Children
To return Home in Glory.

God - the Infinite, Absolute One -
Strengthens our Resolve with Spirit;
The Vibrations we feel
Fill our Hearts with Soul.

So let us Rejoice and give Praise
At our joyful Union;
Now we are Free,
Now WE ARE ONE.

Glossary

Advaita	non-dualism, absolute oneness.
Ananda	bliss, joy
Archana	ritual worship of a deity
Atma	the soul, the spark of God within
Avatar	an incarnation of God
Bhagavan	Lord
Bhajan	a song in praise of God
Brahman	the immanent principle : 3 aspects - creation, preservation, destruction
Buddha	Intelligence
Darshan	to see a great person and receive his blessing
Dharma	Righteousness
Dhyana(m)	Meditation
Dvaita	dualism: the individual and the Supreme soul are two distinct principles.

Guru	teacher, guide to spiritual liberation; "Dispeller of Darkness".
Janak	a king and yogi, whose work was his duty.
Japam	recitation or repetition of the name of the Lord.
Maharaja	great king or ruler
Manana	reflection, contemplation
Namasmarana	remembering God through His Name
Om	the primal sound A-U-M
Pranava	= Om
Prasanthi Nilayam	"Abode of Eternal Peace"
Prema	divine Love - universal, unconditional
Puja	ritual worship
Sadhaka	a spiritual aspirant

Sadhana	spiritual discipline
Sadhu	a good man - detached, devoted, virtuous, wise.
Sankara	the first philosopher of Advaita
Satchintana	good thinking
Sathya Sai	He who reclines on Truth
Sathyam	Truth
Satparayana	good deeds
Satsang	get-together of good people to worship God
Shakti	the great universal power: the creative power of Brahman.
Shanti	undisturbed peace
Sivam	goodness
Sundaram	beauty
Vibhuti	sacred ash

ॐ
Om
SAI RAM

SAI BABA

The Source of Light, Love & Bliss

Kailash Kumar & Jorgen Hovgaard

This book introduces the reader to Bhagavan Sri Sathya Sai Baba and some of his important teachings, and invites him or her to share the hope and the joy they themselves have experienced while trying to follow Sai Baba's teachings for the last few years. We do realize and affirm that there is hope for all humanity in following the truly universal teachings of Sai Baba.

The book includes: Who is Sai?; Creation and Projection; Love; What is Man's Destiny?; Morality; Unity of Religions; Man and Society; Sai Education; Health and Spirituality; Prospect; Postscript; Glossary; List of Sai Educational Institutions.

Jorgen Hovgaard matriculated at the University of Aarhus, Denmark, in 1967 to study English language and Religion. In 1974 he graduated from Aarhus University, majoring in English and with Religion as his minor subject, and since 1974 he has taught English and Religion in college.

Dr. Kailash Kumar is Lecturer in the English Department of Sri Sathya Sai Institute of Higher Learning, Prasanthi Nilayam, India.

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SRI SHIRDI SAI BABA

The Universal Master

S.P. Ruhela

This is an up-to-date, comprehensive and research-based book on the divine life, miracles and teachings of Sri Shirdi Sai Baba who was a unique Incarnation of God descended on earth during 1838-1918. The author has highlighted in an analytical manner the significance of Sri Shirdi Sai Baba as the Universal Master whose message transcends all traditional religions and cults and unites and elevates all people spiritually and morally.

Prof. Satya Pal Ruhela is Professor of Education, Jamia Millia Islamia (Central University), New Delhi. He is an ardent Sai devotee and has contributed a number of books on spirituality, sociology and education.

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SATYA SAI AVTAR

Glimpses of Divinity

R. Mohan Rai

This book is an earnest attempt to understand the personality of one of India's greatest living spiritual giants. It is a tribute to Satya Sai Baba who is regarded by millions of his followers as an incarnation of God. The study is based on the author's first-hand experiences, narrated here in vivid detail, spread over a decade, as well as of the Baba's other disciples who have seen glimpses of his divinity.

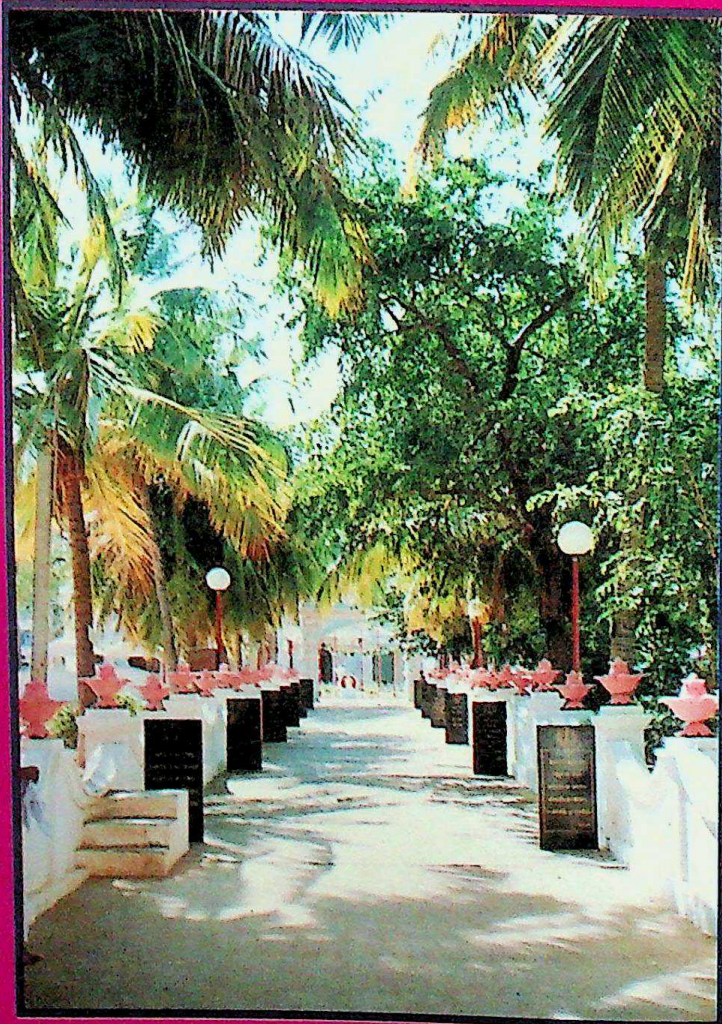
Occasionally, the Baba has revealed his cosmic form, providing evidence of his omniscience, omnipresence and omnipotence. More often, however, he appears as an intensely lovable human being.

Radhey Mohan Rai, Head of the P.G. Department of English at Govt. College of Arts & Law, a post-graduate institution at Alwar in Rajasthan, has been associated with the Sri Satya Sai Seva Organisation in various capacities for about two decades.

G.M.C.E.J



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